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| **Strength and Conditioning – Student Placement (2 posts)** |
| **Student & Academic Services** |
| **Campus Services - Sheffield Hallam Active** |
| **Fixed-term for 9 months** |
| **Part time 0.25 FTE / 9.5 hours per week** |
| **\*£20,863 per annum (pro rata)** |
| **Closing date 30/07/23 at 23:30** |

Student Placements will be paid an annual salary of £20,863 per annum plus a Real Living Wage supplement of £109 to bring their total salary to £20,972.

# Equality, diversity, and inclusion

Equality, diversity and inclusion are essential to our academic and business strengths. We believe that excellence comes through recognising the value of each individual.

Sheffield Hallam welcomes applications from all candidates irrespective of age, pregnancy and maternity, disability, gender, gender identity, sexual orientation, race, religion or belief, or marital or civil partnership status.

Find out more about equality and diversity at Sheffield Hallam at [shu.ac.uk/about-us/jobs/people/a-](http://www.shu.ac.uk/about-us/jobs/people/a-diverse-workforce) [diverse-workforce](http://www.shu.ac.uk/about-us/jobs/people/a-diverse-workforce)

# Sheffield Hallam Active

[Sheffield Hallam Active](http://www.shu.ac.uk/sport/active/) is responsible for health and fitness and social sport delivery and seeks to deliver a high quality and value for money service to all students and staff of Sheffield Hallam University. A selection of facilities including fitness suites, gymnasiums, dance studio, sports halls and synthetic pitches are available.

Team Hallam is responsible for the delivery of competitive and performance programmes and concentrates on supporting representative student clubs competing in the British and Universities and colleges sport (BUCS) through the hiring of coaches and facilities. The University's Performance Athlete Support Programme (PASP) is also delivered through Team Hallam in the form of scholarships and in-kind support and is also responsible for the Government funded Talented Athlete Scholarship Scheme (TASS).

Both brands are fast moving operations that are committed to serving the University population to the highest standards through increasing participation, well-being and improving the sporting performance of clubs and students of Sheffield Hallam.

The Sport and Recreation service sits within the Facilities Directorate. You can find out more about the directorate at <http://www.shu.ac.uk/jobs/what-we-do/professional/facilities.html>

# Location

**Collegiate Campus**

This job will be based at our Collegiate Campus, a tranquil setting amongst lawns and trees in one of Sheffield’s leafiest suburbs. It's close to Ecclesall Road which is bustling with shops, bars, and cafés.

# Discussion and selection event

For informal enquiries regarding this job please contact Kieran Burke, (S&C Coordinator) on:

**Telephone 0114 225 4394**

## Email kb7069@exchange.shu.ac.uk

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| **Proposed selection event:** | Tuesday 8 August |

The selection event will comprise of a formal interview and practical session

# Job share

Whilst this job is unlikely to be suitable for work on a job share basis, we understand the need for a healthy work-life balance, so where possible we operate a number of flexible working schemes.

**If you'd like to work on a flexible basis please contact the recruiting manager to discuss options available for this job.**

# Paid Work Placement Details

The strength and conditioning work placement opportunity is in arrangement with the MSc Strength and Conditioning Coaching course at Sheffield Hallam University. Applicants for this role must have applied and met the entry requirements to be considered and be able to demonstrate progression through the course throughout the 2023/24 academic year.

**Job Description**

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| **Job Title:** | Strength and Conditioning Work Placement | **Reports to:** | Strength and Conditioning Coordinator |
| **Faculty/ Directorate:** | Facilities / Sport and Recreation Services | **Direct Reports:** | None |
| **Grade:** | Student Placement |

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| **Role Purpose:** |
| Provide a consistent and professional service within the Strength & Conditioning suite andassociated programmes. |

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| **Role Specific Responsibilities:** |
| * Assist and deliver services across all facility opening hours and meet student club demand.
* To contribute to individual and team specific programmes in accordance with each phase of the development pathway for SHU sports club members.
* To deliver appropriate conditioning programmes and rehabilitation based upon individual requirements.
* Work effectively with the Medical Team under the lead Physiotherapist.
* Assist with the development of services to Team Hallam (TH) clubs and individuals.
* Deliver field-based programmes and testing protocol.
* Work effectively with operational staff to ensure safe and consistent approach to services, maintenance and Health & Safety within the facility.
* Undertake maintenance check procedures and cleaning of all equipment
* Assist with keeping all data kept confidentially and contribute to providing regular reports and updates to the relevant contacts.

The above list is not exhaustive and, as such, you may be required to undertake other duties appropriate to the role |

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| **Person Specification** |
| The recruitment and selection process for all roles is based on a combination of role specific requirements and professional services capabilities. |
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| **Essential role specific requirements****To be evidenced within your online application (dependent on the role we may assess these further at the selection event following shortlisting):** |
| * Individuals applying for this role must have applied to study MSc Strength and Conditioning Coaching at Sheffield Hallam University for the 2023/24 academic year. Individuals must be able to meet the entry criteria for this course.
* A recognised academic sports related Degree or equivalent
* Experience in facilitating and delivering S&C support to performance athletes (ideally in an Higher Education environment)
* Fitness / conditioning experience (e.g., fitness program planning and delivering for performance improvement)
* Good IT skills including Microsoft Office (specifically Excel)
* Good organisational, administrative and planning skills
* Excellent communication skills - written, oral and presentation skills and with a wide range of internal and external stakeholders.
* A creative and innovative approach to exercise prescription using a variety of areas, facilities and techniques
* Ability to deal with conflicting demands without supervision.
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| **Desirable role specific requirements****To be evidenced within your online application (dependent on the role we may assess these further at the selection event following shortlisting):** |
| * UK Strength & Conditioning Association (UKSCA) accreditation or willingness to work towards qualification or alternative / significant experience of athlete support in a performance sport environment.
* Understanding of the student pathway and surrounding issues particularly at HE level
* Experience of working with coaches, NGB's and performance sport practitioners from a variety of disciplines.
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| **Professional Services Capabilities****To be assessed at the selection event following shortlisting:** |
| * Delivering customer service - Foundation Level
* Communicating and engaging - Foundation Level
* Working collaboratively - Foundation Level
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| **How to apply:** |
| All applicants must follow a two-stage process:1. Apply for the MSc in Strength and Conditioning Coaching via the appropriate online application process. This must have been done by the closing date to this paid placement. Applicants must be able to meet the entry criteria for the course. Please follow this link for details on how to apply for the course ([https://www.shu.ac.uk/courses/sport-and-physical-](https://www.shu.ac.uk/courses/sport-and-physical-activity/msc-strength-and-conditioning-coaching/full-time) [activity/msc-strength-and-conditioning-coaching/full-time](https://www.shu.ac.uk/courses/sport-and-physical-activity/msc-strength-and-conditioning-coaching/full-time)).

For an informal chat about the MSc, please contact the course leader, Steve Thompson (s.w.thompson@shu.ac.uk)1. Once stage 1 has been completed, applicants can then apply for the paid placement role by sending a completed application form to the S&C co-ordinator, Kieran Burke (k.burke@shu.ac.uk).
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